## HSC&CC Unit 1 AS Examination: Promoting health and well-being



Legislation for promoting good health, well-being, and resilience (specification 2.1.2 (c))

The Social Services and Well-being (Wales) Act 2014 (SSWB(W)) sets out everything local authorities (councils) must do to help people in need of care and support. This Act provides a legal framework (makes changes to the law) for improving the well-being of individuals who need care and support, and for carers needing support, transforming social service provision in Wales.

Challenges facing public services in Wales include demographic changes (ageing population), increased expectations from those who access care and support and hard economic realities posed by insufficient funding and how to prioritise limited resources.

## **Key principles of the SSWB (W) Act:**

- 1. Voice and control: putting the individual and their needs at the centre of their care; giving them voice and control over decisions to reach the outcomes that help them to achieve well-being.
- 2. **Prevention and early intervention:** increasing preventative services within local communities to minimise the escalation of critical need, e.g. accessible health screening.
- 3. Well-being: of individuals who need care and support.
- 4. **Co-production:** encouraging individuals to become more involved in the design and delivery of services.
- 5. **Multi-agency:** different HSCCC professionals working together, such as a multidisciplinary team, to provide a seamless response to individuals with multiple and complex needs so everyone should get the help and support they need; local authorities working with other partners, such as health, housing and the voluntary sector, to provide quality services and avoid duplication.

Well-being of Future Generations (Wales) Act 2015 has 7 goals to tackle challenges such as climate change, poverty, health inequalities and the need for new employment opportunities and economic growth. The Welsh Government believes that we have to do things differently to meet these challenges and promote:

- a prosperous Wales: where everyone has jobs and there is no poverty
- a resilient Wales: where we are prepared for events such as floods
- a healthier Wales: where everyone is healthier and are able to see the doctor when needed
- a more equal Wales: where everyone has an equal chance, whatever their background
- a Wales of **cohesive communities**: where communities can live happily together
- a Wales of **vibrant culture and thriving Welsh language**: where we have lots of opportunities to do different activities and where many people can speak Welsh
- a globally responsible Wales: where we look after the environment and think about other people around the world.

The Future Generations Commissioner has been appointed to make sure public bodies are working towards the 7 well-being goals and their role is to safeguard the interests of future generations for all people of all ages in Wales.

