Unit 3 Task Sheet 1(b)

AC1.2: The responsibilities needed to coach a sports session.

Scenario: Before leading your own coaching session, your PE teacher wants you to understand the responsibilities you will have as a sports coach.

Write out a definition of the coaching responsibilities listed in the table below and then provide a sporting example of each of the responsibilities being shown by a sports coach.

Responsibility	Definition	Sporting Example of Responsibility Being Shown
Health and Safety		
Safe Guarding		
Risk Assessment		
Professional Conduct		

Explain why these responsibilities are so important for a successful sports coach.

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