

## Unit 1 Task Sheet 2(c)

**AC2.3:** Technical procedures used to measure sporting performance.

**Scenario:** You have been asked by your PE teacher to evaluate some of the technical procedures that can be used to measure technical or tactical sporting performance.

Explain a strength and a weakness of the following technical procedures that could be used to measure technical or tactical sporting performance.

Method	Strength of Method	Weakness of Method
Notational Analysis		
Observational Analysis		
Video Analysis		