

Iechyd ac anabledd

Uned 7

Adnoddau

*Ni ddylid ystyried bod y rhestr ganlynol yn ddiffiniol nac yn ddeunydd darllen gofynnol. Bwriedir iddi gyflwyno detholiad o destunau ac erthyglau defnyddiol. Mae'r testunau a nodir gan ddefnyddio * yn fwy priodol i athrawon.*

Nodir manylion rhai o'r adnoddau y cyfeirir atynt yn yr unedau iechyd ac anabledd isod.

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