


Dominoes!

Cut out the cards and challenge your classmate to a game of dominoes! There are a number of key terms each of which correspond to their definition. The key concepts are underlined and the others are terms that will help your understanding of the concepts. Divide the cards equally. You then take turns to 'match up' your card explaining the link to the last played card. Anicca is first to be placed on the table. Pass if you think you cannot go. The winner is the first to place all cards down.




<u>5 Precepts</u>	Refers to the five general rules, which Buddhists follow, and are intended to regulate behaviour or thought.	<u>Khandas</u> (Skandhas -Sanskrit)	The five aggregates which make up the self, as we know it.	<u>Stupa</u>	Monument housing some relic(s) of the Buddha.
<u>Anicca</u>	The Buddhist doctrine of impermanence – that states nothing ever <i>is</i> but is always in a state of <i>becoming</i> .	<u>Mahayana</u>	"Great vehicle" (to salvation). The name given to the more progressive strands of Buddhism.	<u>Theravada</u>	"Way of the Elders", the name given to the only surviving school of conservative Buddhism.
<u>Anatta</u>	The Buddhist doctrine of no-self.	<u>Mudras</u>	A symbolic hand gesture used in ceremonies or statuary. This can also be a movement or pose in yoga.	<u>Triratna</u>	The collective term given to the 'Three Jewels'; The Buddha, the Dharma and the Sangha.
<u>Bodhisattva</u>	A person who has generated spontaneous bodhichitta but who has not yet become a Buddha.	<u>Puja</u>	A ceremony in which offerings and other acts of devotion are performed in front of holy beings.	<u>Vihara</u>	A Buddhist monastery or dwelling place devoted to the teaching and learning of the Buddha's message.

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Arhat	A person who has destroyed all delusions (the foe) through training on the spiritual path. They will never again be reborn in Samsara.	Akanishta	A Pure Land where Bodhisattvas attain enlightenment.	Lama	Tibetan translation of 'guru' meaning spiritual teacher.
Bhikkhu	A Buddhist monk.	Enlightenment	Liberation and true cessation of the cycle of Samsara.	Magga	Path to the cessation of suffering – the middle path of the fourth noble truth.
Bhikkhuni	A Buddhist nun.	Jatakas	Stories relating to the past lives of the Buddha.	Milindapanha	The record of dialogue between the Buddhist Monk Nagasena and the Greek King Milinda.
Buddha-hood	Gaining the highest level of enlightenment where one gains omniscient wisdom and whose function is to bestow mental peace on all living beings.	Karma (Kamma – Pali)	"Action". Actions that one makes throughout their life will determine their future.	Mantras	Symbolic sounds or words.
Dhammapada	A collection of sayings of the Buddha.	Mara	The demon that tempted Siddhartha Gautama while he was meditating.	Mandala	A circular figure in Buddhism which represents the universe.

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Nirodha	The truth of the cessation of suffering – that enlightenment is the cure for suffering.	Rebirth	Being reborn as a result of circumstances that happened before.	Sila	Moral conduct, the principle of orderly behaviour that promotes peaceful existence in a community.
Pancha Sila	The Five Moral Precepts basic to most schools of Buddhism.	Renunciation (Nekkhamma)	Giving up the world and leading a holy life with a freedom from lust, craving and desire.	Sunyata	Emptiness, a major doctrine of Mahayana Buddhism that all things are empty of permanent essence.
Panna	Translates as 'wisdom'.	Sutra	A Buddhist scripture.	Tathagata-garbha	The Mahayana doctrine that states all sentient beings have the potential to reach Buddhahood.
Parinirvana Day	Mahayana Buddhist festival that marks the death of the Buddha.	Samsara	The continual cycle of birth, death and re-birth.	Tanha	Can be translated as 'craving' or 'desire'. These are considered to be the causes of suffering.
Parinirvana	Nirvana-after-death.	Siddhartha Gautama	The 'Buddha', 'Awakened One', Siddhartha is a Sanskrit term which means 'one who achieves his goal'.	Zen	A Japanese school of Mahayana Buddhism that emphasises the value of meditation and intuition.