

Sunday mornings are a great time to go shopping, as busy streets are empty and shops are uninhabited, meaning you might actually reach some of the rails at Topshop on Oxford Street. There are also a number of markets to be visited, some of which operate exclusively on a Sunday, like Columbia Road Flower Market in the East End. For clothing, pick up a bargain at the Holloway Car Boot Sale; second hand books and bric-a-brac are also sold. Farmers' markets have become trendy of late, where the focus is on fresh food from small producers at exorbitant prices. Still, some of it is mouth-watering, such as the organic nosh offered at Marylebone Farmers' Market. If you didn't make time for brunch, the Sunday UpMarket at the Truman Brewery has stalls selling food from all over the world, from Japanese fried octopus balls to Spanish gazpacho.